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Rising Star Bonuses
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Life Force pays out 60% on every **DOLLAR** it takes in.

Great Company **Great Products** **Great Compensation Plan**

*All percentages shown are based on Bonus Volume (BV) that Life Force assigns to each Life Force product. Please see Life Force compensation plan for full details.

Debt free thanks to Life Force



Harrietta Tucker: We started taking the Life Force products in 1996 but didn't do the business at that time. We just wanted to enjoy our retirement years and have good health. We loved the product so much that we started telling all our friends and family about it. A lot of our friends and family started taking it, and then it just started mushrooming. Life Force has allowed us pay cash for most things. Now we are debt free.

We love the Life Force products. Our oldest grandson was diagnosed with leukemia more than two years ago, and he took the Life Force products while he underwent chemotherapy. He has done really well. He is still taking the products and everyone is amazed because his hair never fell out. He is still undergoing chemo, but he was only hospitalized once when first diagnosed. We thank Life Force!

"I researched almost 200 companies."

Pat Thomas: I have been a teacher for more than 30 years, teaching law and history. I also have a master's degree in business administration. Two years ago I decided that I wanted to retire from teaching. However, when I looked at my options and benefits, I realized that I could not retire and still live the life I was accustomed to. Both my husband and I are too young to draw retirement or social security. Therefore, I went looking for a Plan B—a way to supplement, replace, or even exceed my current income.

I chose to build Plan B with Life Force after I researched almost 200 companies. I



wanted to be affiliated with a company with integrity, stability and history. I also wanted to be sure I could earn a significant compensation. The great thing about my Life Force business is that I can work from home, how and when I want. I can also work the business from anywhere in the world while on vacation. It fits into my lifestyle. I like being my own boss. I do two things to create this financial Plan B: first, I introduce others directly to the product line I use; second, I am building a regular customer base by finding entrepreneurs to help me expand.

Success! with Life Force International



Dan and Julie McWright: We owned a cash register computer business for more than 20 years. It was a very stressful job due to employees and equipment, and we had to carry a beeper and cell phone around with us everywhere we went. We would pay our employees first, and sometimes we wouldn't bring home a check that month. Life Force has enabled us to have a check coming in every month, and that check grows continually. We have been able to center our lives on our volunteer Christian ministry, which is the most important part of our lives. We can plan our life, rather than having it planned for us. We have been able to travel

places that we never would have dreamed of going. We go on the Life Force Team Cruise each year and have traveled throughout the Caribbean!

It just came natural to us to share the Life Force products with others, and then our checks started growing. Within a year we had matched the income from our computer business. The products are very reasonably priced. In fact, if you were to add up the amount of vitamins and minerals in Body Balance and then go to a health food store to buy the exact same vitamins and minerals, you would spend a fortune! Not only are the products cost effective, but they taste great and you get the nutrition your body needs in order for you to take care of yourself. We have been sharing, using and promoting Life Force products for eight years. We are determined to help others. We have found that many are only interested in the products at first, and then they are not able to keep quiet. Thank you, Wayne and Gerri Hillman, for changing our lives.

Holly Wheeler: When I think about the life I now have, thanks to Life Force, it stuns me. It's the most extraordinary gift to have the three most coveted qualities of life, every single day: physical health, extraordinary financial wealth for the rest of my life and the time to do my heart's desire. Most people spend their lives trying to attain any one of these, and all three together are nearly impossible to achieve outside this industry. Now, each day I wake up and live my dreams instead of dreaming them.



For more information about Life Force® please contact:


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TO ORDER
EYE on LIFE FORCE
 Please Call Toll-Free
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 No Product Information Available


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EYE on LIFE FORCE



Are you really getting the nutrition your body needs from the produce aisle?

Why groceries aren't good enough

Any mother walking down the fresh produce aisle of the grocery store believes she is getting the best nutrition for her family. After all, the fruits and vegetables lining the stands are fresh, ripe and full of nutrients. Right? **WRONG!** Although you may believe that a basket full of produce will fulfill your nutrient requirements, the truth is, most modern-day foods are nutrient poor. The US Senate #264 and the 1992 Earth Summit Report documents an 85 percent mineral depletion of our farm and range soils over the past 100 years in North America. As a result, food grown in such soil is devoid of the intended vitamins and minerals.

Even worse, produce farmed for distribution in grocery stores is generally cultivated using chemical fertilizers, pesticides and waste contaminants. These foods are harvested prematurely and artificially ripened, sprayed, radiated and coated with toxic chemicals so they will appear delicious by the time they arrive on the grocery shelves (and then stay "fresh" for an unnatural period of time). However, looking and even tasting delicious is a far cry from the intended purpose of these foods, which is to enrich and feed the body. Actual nutritional values for land vegetables are highly questionable.

With the lack of nutrition from our foods, it is obvious that we need to supplement our diets. In fact, in June 2002, the *Journal of the American Medical Association (JAMA)* published the following findings: "Most people do not consume an optimal amount of all vitamins by diet alone," and "it appears prudent for all adults to take vitamin supplements." However, there are so many vitamin and mineral supplements on the market that choosing an effective one becomes difficult. This is where Life Force comes into play.

Life Force manufactures a unique, comprehensive nutritional supplement called Body Balance. First, it is in liquid form for maximum absorption. The *Physician's Desk Reference* (considered to be the medical "Bible") reveals that vitamins and minerals in pill form are only 10 to 20 percent absorbed by the body. The other 80 to 90 percent are literally being flushed down the drain. But nearly 100 percent of a liquid supplement like Body Balance is quickly digested and pumped into the blood stream because it is easily absorbed. Plus, pills are often difficult to swallow for many people, especially for young people and the elderly. Body Balance's liquid nutritional values for land vegetables are highly questionable.

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Life Force International Empowering Human Potential

Life Force International is a company with a unique history. Founded by Wayne and Gerri Hillman nearly two decades ago, it has grown to become a leader in the health supplements industry. Wayne Hillman explains, "When my wife became ill several years ago, we were unable to find medical treatment that would help her. At that desperate point in our lives, we realized that it was up to us to find a way to restore her health. Not having the expertise ourselves, we turned to a scientist who was on the cutting edge of nutritional research. He developed an amazing blend of nutrient-rich sea vegetables. From this discovery came the product now marketed by Life Force International as Body Balance."

This discovery changed the lives of the Hillman family. Within weeks of using Body Balance, doctors noted a dramatic improvement in Gerri's health. As a result, Wayne and Gerri desired to share the product with others and began a small company that literally ran out of their garage. The company was known as Doctor's Signature and five core products were only available to health care professionals for the first 15 years. Dr. William Saccaman's expertise and association with the company was influential in the steady growth of the company.

In 1996, the Hillman's decided to increase the distribution of these influential products by turning to

The Life Force manufacturing plant in Chula Vista, California

Please see Life Force - Page 3

M.D. recommends liquid supplements from Life Force®

by William J. Saccaman, M.D.



I got started in the medical field rather late in life. I was a pilot in World War II and flew 52 missions. After, I went to medical school and graduated in 1960. I began practicing in San Diego as a family practitioner and shortly after, I hung a sign in front of my office building that read "San Diego Clinic of Preventative Medicine." My practice evolved from a regular general practice, which included surgery, delivering babies and general cases into just preventative medicine. I insisted that my patients take care of themselves before problems came along.

This led me to become involved with a company selling health care products, which eventually became Life Force® International. I helped design some of the products sold by the company, one of which is a liquid calcium/mineral supplement with glucosamine and chondroitin called OsteoPreCare. This type of product had not previously been put together in a liquid form. I felt strongly that when you take all of these ingredients and mix them up into capsules you don't really know what kind of mixture each individual tablet is going to get. By keeping the minerals in a liquid suspension, all you have to do is shake the ingredients each day, which gives you more benefit from the supplement.

Glucosamine and chondroitin were compatible and synergistic with this product because they complement and work together with the calcium. This liquid calcium supplement is not medicine; it is nutrition. It is a bone-building compound.

This led me to become involved with

Please see M.D. recommends - Page 2

"We believe in Life Force."



Christa Way: My husband Michael and I joined Life Force in 1998, after spending three months researching the company. Because we had spent about 18 months looking for a solid company we could really get behind, we had about \$60,000 in credit card debt by the time we found Life Force. We were both working part time, but it was hardly paying the bills. We were on a downward spiral, trying to keep our heads above water. When we decided Life Force was it, we totally jumped in!

In five short years, we had both achieved the level of Crown Diamond. It has been an extraordinary journey for us both. I have seen the Life Force products change the lives of hundreds of people, and the business opportunity has just as much impact. I have seen struggling families become healthy and whole with time to be with each other. I have seen people on welfare be able to buy a house or a car. Some enjoy vacations for the first time in years or have a level of health they haven't experienced for years. There are literally hundreds of similar stories. We are in the awesome position of not only having an incredible income but also the time to really do what we love in our lives.

I have been able to contribute to my family in ways I never dreamed possible. Last year we formed a non-profit foundation to give back to those who are less fortunate. We are so blessed in our lives! And to think there were times when I almost quit because it was too hard and taking too long. Dogged determination and the support of each other kept us going. But most of all, we believe in Life Force and what an incredible gift the company has to offer.

M.D. recommends liquid supplements by Life Force

Continued from Page 1

If it is used right it will help you achieve optimum health. The hallmark product this company offers is Body Balance. Nothing has proven to be more bioavailable. Everyone should take these products, including little children. Children will benefit from using these supplements as they grow. The products will also help to build their immune systems. High school-aged children also have found great benefits. Athletes realize that these products help them rebound much faster. Everyone from young and old will benefit greatly from using quality liquid suspension supplements from Life Force.

Dr. William J. Saccoman has been associated with Life Force International for over a decade. He is a board-certified family practitioner and a leading expert in nutritional alternatives to conventional health care. He received his degree from Loma Linda Medical School and is a Charter Fellow of the American Academy of Family Practice, Vitamin, Mineral and Nutritional Therapy.



Body Balance

Comprehensive liquid nutrition

Life Force International's Body Balance is a concentrated whole food antioxidant formula that combines sea vegetation in a base of certified kosher and organic aloe vera juice. This cold processed, highly absorbable ionic formula also delivers to the body over 120 phytonutrients including vitamins, minerals, essential fatty acids, amino acids, ultra trace minerals and enzymes. Body Balance also offers as high as a 98% absorption rate because it bypasses the digestive process and goes directly into the bloodstream and into your cells within a matter of minutes.

BENEFITS

- 5 to 10 times more absorbable than pills
- More than 120 phytonutrients per serving
- Great for the entire family, from prenatal to seniors
- Recommended by healthcare professionals for over 15 years
- 100% naturally-sourced nutrients — no synthetic chemicals
- Easy to swallow in liquid form, unlike pills or capsules
- Nutrition the body needs every day
- Affordably priced as compared to other pill-form supplements
- 100% natural and safe because it is a food

"These supplements are powerful. And because they are in liquid form, they are simple to take. With the average American only wanting to take one or two products, I can't think of anything better than Body Balance and OsteoProCare by Life Force International." *Tony Terri, D.C.*



OsteoProCare

Calcium that works!

Sheldon Saul Hendler, M.D., Ph.D., says in the *Doctors' Vitamin and Mineral Encyclopedia* that people who fall into one or more of these categories should take a mineral supplement:

- People on weight-loss diets with a low calorie emphasis
- Pregnant women
- The elderly
- People on a variety of different medications, including diuretics that draw key minerals out of the body
- Those living where soil is deficient in minerals.

In reality, the list includes just about all of us. If you don't fall into categories one through four, you most likely fall into category five since areas with poor soil includes just about everywhere in the United States and many other countries. Food grown in modern soil is mineral deficient because the soil is mineral deficient. When plants grow, they take the nutrients they need from the soil in which they are growing. If the soil is depleted, then the plant is deficient, too.

It is becoming more and more difficult to get the minerals we need from food—especially calcium. Getting the correct daily allowance of calcium protects the storage of calcium in your bones. Otherwise calcium will be taken from the bone and put into the blood to maintain the correct calcium levels in

the body. If the body uses this supply on a continual basis, the bones in the body will become weak and break easily. This condition can lead to the bone disease osteoporosis. Approximately 25 million women and 5 million men in America have some degree of osteoporosis.

Calcium may play a part in easing PMS, fighting colon cancer and controlling blood pressure. In addition, new studies reveal that calcium may actually impact our RNA and DNA—the very building blocks of life itself. Therefore, it is important to choose a calcium product that will be quickly absorbed into the body. Various factors influence how much calcium is absorbed into the body, including a person's estrogen level, the acidic condition in the intestines, the amount of Vitamin D in the body, and the type of calcium supplement. The goal is to find a calcium supplement that can readily dissolve in the intestines.

Unfortunately, most pill-form calcium supplements generally have a hard time dissolving and may travel right through the intestines without being digested. Minerals that enter the body in a dry form must be liquefied, ionized and chelated before the body can absorb them. Using a liquid calcium/mineral supplement like OsteoProCare by Life Force is more effective because nearly 100 percent of a liquid supplement is quickly absorbed



and pumped into the blood stream. Plus, the calcium in OsteoProCare is calcium orotate, which is a form of calcium more easily absorbed by the body. Essentially, orotic acid is absorbed by the cells and the calcium hitches a ride along with it. Calcium orotate is more expensive to produce than other calcium products, (like citrate), but Life Force was determined to offer the most effective product for optimal health.

OsteoProCare is a vanilla-flavored calcium and mineral supplement. Just one ounce provides 1200 milligrams of calcium, which is 120 percent of the RDA. OsteoProCare also contains other vital nutrients such as magnesium, boron, Vitamin D3, zinc and copper as well as glucosamine and chondroitin, two compounds prized for supporting healthy joints.

Groceries aren't good enough

Continued from Page 1

person eliminates this problem entirely.

Body Balance is also superior to pill-form supplements because of its ingredients. Whole foods are used in the manufacture of Body Balance, including sea vegetables from pristine ocean waters. With the passage of unto millennia, vast amounts of life-sustaining minerals have washed into the sea. In the process of converting sunlight to energy, sea vegetables reabsorb the nutrients and organically bind them in an ionic state. This means that the supplement has the correct "charge" to be easily absorbed into the intestinal tract. The intestinal tract is also charged, and particles from food must have an opposite ionic charge to be quickly absorbed by the body.

Sea vegetables are far superior to land vegetables because of their vital phytonutrients (nutrients from plants). Phytonutrients include macro vitamins and minerals, amino acids, enzymes, fatty acids and thousands of other trace elements and micronutrients. These specific nutrients are often lost in land vegetables, although they are a vital part of the diet. Concerning phytonutrients, the USDA has stated, "It appears that an effective strategy of supporting health is to increase consumption of phytonutrient-rich foods."

Finally, Body Balance contains Aloe Vera, which adds remarkable healing and soothing properties to a nutritional supplement. Aloe Vera is a great source of more than 75 nutritional compounds, including vitamins, minerals and 18 amino acids.

Make the right choice for your family. Choose Body Balance by Life Force for maximum nutritional benefit in an easy-to-take form.

Health improvement turns into business opportunity



Janice Pollet: I was employed by the local hospital doing social work. I loved helping people get medical assistance, but the stress of working with sick and dying people disturbed me deeply. In fact, the stress I encountered began to wreak havoc on my health. I finally had to quit. We had been accustomed to my second income, so this, in addition to my failing health, really had me worried.

A friend of mine saw how ill I was and offered me a bottle of Body Balance. By this time I was grasping at straws. Within a week, I saw a difference in how I was feeling. Keep in mind that I had been from doctor to doctor looking for help with no results, which also cost a lot of money. I felt really guilty. So my friend told me how I could make some money to help pay for the products if I just told others about Body Balance. I began telling everyone. My close friends and relatives saw the change in my health and began buying the product as a result.

That was two years ago. Life Force has really changed my life. Now I can work from my home and make a generous income that continues to grow. I schedule my hours at my own convenience. The extra income allows us to use the products we need to keep us healthy and happy. And the joy I experience helping people with their health problems is unbelievable.

Life Force milestone: 5 million bottles!

Continued from Page 1

referral marketing. This is when Life Force International was formed. Since then, the company's growth and success has been impressive. Life Force currently owns and operates out of a 50,000 square foot facility in Chula Vista, California, which includes the corporate offices, call center and complete manufacturing plant. The company's exclusive products are manufactured on site by Life Force employees, ensuring quality control and eliminating many detrimental outside influences.

Life Force is solid, debt-free and family-owned. It has grown into a multimillion-dollar enterprise reaching throughout the United States, Canada, Australia and New Zealand. Recently, the company reached a milestone when it announced the production of its 5 millionth bottle of Body Balance since Life Force began in 1996. Shares Wayne Hillman, "We've come a long way from our kitchen table and garage to where we are today. Dreams really can come



Gerri and Wayne Hillman, founders of Life Force International, hold up the 5 millionth bottle of Body Balance.

true. Our hope for the future is that Life Force will continue to take you through the world to reach out, to touch someone and to make a difference so that this world will be left a better place because we have been here."

Life Force rescues family finances

Christin Shepard:

I started my Life Force business in the spring of 2000. At the time, I was looking for a nutritional product that would help me with some health challenges. A friend suggested I try Body Balance from Life Force. I was pleased with the fact that it was liquid instead of pills. Within a few weeks I felt an improvement in my health, and it was then that I decided I could promote this product without reservation. I shared the product and



my story and started getting my product paid for within a very short time.

My Life Force business has allowed me many luxuries in life that I thought would not be possible. The bills that our family accrued in the past were paid off in a very short time, including a sizable bank loan. I was able to take my extra income from Life Force and pay that loan off four years early. What a miracle for our family!

Since the bills are being paid down quickly, we are able to take two vacations a year. My husband drives a tractor trailer for a living, and he is now able to drive locally and be home every night. He does not have to sacrifice to make the big bucks. That in itself is a treasure!

In the past four years we have met many wonderful people—people that have touched our lives with their giving natures and their willingness to help each other. Life Force's logo is "Empowering Human Potential." I have witnessed this in myself and so many others! I have grown in so many aspects of my life. Thank you Life Force for believing in a product that changes lives and for believing in us so we can take control of our own lives.

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